

**HOUSTON BARIATRIC SURGERY**  
**BARIATRIC NEW PATIENT INFORMATION**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: Married Single

Address: \_\_\_\_\_  
Street name City State Zip Code

Mailing Address (if different): \_\_\_\_\_  
Street name City State Zip Code

Email Address: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Mobile: \_\_\_\_\_ Work: \_\_\_\_\_

**May we leave confidential messages on these voice mails? Yes or No**

**Indicate if you would like mailed correspondence from our office sent in a sealed envelope marked “confidential”? Yes or Not necessary**

**Please list family members or other persons with whom we may leave information about your medical condition/diagnosis (including treatment/payment/health care options):**

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Employer: \_\_\_\_\_

Employer’s Address: \_\_\_\_\_ Phone: \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Referral Source: \_\_\_\_\_ Phone: \_\_\_\_\_

**Health Insurance Information:**

**Name of Insurance Company:** \_\_\_\_\_

Policyholder: \_\_\_\_\_ Policyholder’s DOB: \_\_\_\_\_ SSN: \_\_\_\_\_

ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Relationship: \_\_\_\_\_ Policyholder’s Phone #: \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_

Policyholder: \_\_\_\_\_ Policyholder's DOB: \_\_\_\_\_ SSN: \_\_\_\_\_

Relationship: \_\_\_\_\_ ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

**Insurance Authorization and Medical Release Form**

I hereby authorize Jason M. Balette, MD, FACS, &/or Drew Howard, MD, FACS, to furnish or obtain medical records concerning my illness and treatment to insurance carrier or medical facilities. I hereby assign to the physician all payments for medical services rendered to my dependents or myself. I understand that I am responsible for all charges regardless of insurance coverage. Co-payment is to be paid at the time of office visit, as well as any payments towards deductibles.

Signature : \_\_\_\_\_ Date: \_\_\_\_\_

**Consent for Use of Email Address**

- For appointment reminders.
- To inform you of benefits and services related to your health.
- Keep you updated on the approval process for Bariatric/General Surgery.
- Get your questions/concerns answered in a timely manner.
- Through the use of online surveys emailed to you by SGOTW physicians, its affiliated entities and business associates, to allow you to communicate your opinion of our staff, facilities and services received.
- As required by law and for certain law enforcement activities.
- As otherwise described in our Joint Notice of Privacy Practices.

Except as described above, we will not use or disclose your email address unless you authorize (permit) SGOTW physicians in writing to disclose your email address. If you initially give permission, you may revoke that permission, which will be effective only after the date of your written revocation. Declaration: I have read and understand the about agreements and authorizations. The terms and consequences of this document have been fully explained to me and I have signed it freely and without inducement other than the rendition of services. All of my questions have been fully answered.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

**Occupation:** \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_ **Address/Fax:** \_\_\_\_\_

**Other Physician:** \_\_\_\_\_ **Address/Fax:** \_\_\_\_\_

**Other Physician:** \_\_\_\_\_ **Address/Fax:** \_\_\_\_\_

**Pharmacy:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Medication List:** (only list names, not dosages. Include vitamins & over the counter meds)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Medical History:** (currently being treated for, or history of. Please write N/A in "other")

|                   |                          |                     |
|-------------------|--------------------------|---------------------|
| Hypertension      | High Cholesterol         | Blood Clots         |
| Anemia            | Sleep Apnea              | Lung Disease/Asthma |
| Diabetes          | Kidney/Bladder problems  | Stroke              |
| Seizures          | Stomach Ulcers           | GERD                |
| CHF/Heart Disease | Alcoholism/Addiction     | Depression/Anxiety  |
| Abuse             | Thyroid disorder         | PCOS                |
| HIV/AIDS          | Liver problems/Hepatitis | Tuberculosis        |
| Chronic Pain      | Cancer                   | Arthritis           |

Other: \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Surgical History** (with dates):

Appendectomy: \_\_\_\_\_ Gallbladder: \_\_\_\_\_

Hernia Repair: \_\_\_\_\_ Weight loss surgery: \_\_\_\_\_

Hysterectomy: \_\_\_\_\_ Heart/Cardiac: \_\_\_\_\_

Orthopedic: \_\_\_\_\_ Other: \_\_\_\_\_

**Family History:** please check conditions that apply

| Blood Relatives | Obesity | Diabetes | Hypertension | Sleep apnea | High cholesterol | Hiatal hernia |
|-----------------|---------|----------|--------------|-------------|------------------|---------------|
| Mother          |         |          |              |             |                  |               |
| Grandmother     |         |          |              |             |                  |               |
| Grandfather     |         |          |              |             |                  |               |
| Father          |         |          |              |             |                  |               |
| Grandmother     |         |          |              |             |                  |               |
| Grandfather     |         |          |              |             |                  |               |
| Siblings        |         |          |              |             |                  |               |
| Children        |         |          |              |             |                  |               |

**Review of Systems** (circle any symptoms you are currently experiencing)

Gastrointestinal: Nausea Vomiting Abdominal Pain Diarrhea Constipation Heartburn

Cardiovascular: Palpitations Chest Pain Rapid Heart Rate Edema

Respiratory: Shortness of Breath Cough Sleep Apnea/Snoring Wheezing Congestion

Musculoskeletal: Joint Pain/Swelling Decreased range of motion Exercise intolerance Muscle Pain

Neurological: Dizziness Memory loss Numbness/tingling Weakness Seizures Depression

**Tobacco Use:** Never Current Quit (year): \_\_\_\_\_

Type used: Cigarettes Cigars Pipe Smokeless

Amount Used per day: \_\_\_\_\_ Number of Years: \_\_\_\_\_

**Alcohol Use:** Never Current Quit (year): \_\_\_\_\_

Type Used: Beer Wine Liquor Amount per week: \_\_\_\_\_

**Illegal Drugs:** Never Current Quit (year): \_\_\_\_\_

Type Used: Cocaine IV drugs Pain Pills Other: \_\_\_\_\_ Amount/week: \_\_\_\_\_

**Weight History:**

Birth Weight: \_\_\_\_\_ Start of High School: \_\_\_\_\_

High School Graduation: \_\_\_\_\_ Marriage: \_\_\_\_\_

Lowest weight in past 5 years: \_\_\_\_\_ Highest weight in past 5 years: \_\_\_\_\_

**Exercise Habits:**

Type of exercise: \_\_\_\_\_ Number of times/week & duration: \_\_\_\_\_

**Diet History:** (please list any diets or weight loss plans attempted in the past)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Eating Habits:** (circle those that apply)

Snacking/Grazing   3 meals/day   2 meals/day   Skip Breakfast   Skip Lunch   Skip Dinner

**Average weight lost with each diet attempt:** \_\_\_\_\_

**Most successful diet or weight loss plan:** \_\_\_\_\_

**Weight loss medications taken in past/currently:** \_\_\_\_\_

**Other weight loss methods attempted:** \_\_\_\_\_

**Why do you want to lose weight?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Are you or could you be pregnant?** \_\_\_\_\_

**Would you like your doctor to pray with you?** \_\_\_\_\_

**How did you hear of us/who referred you?** \_\_\_\_\_

## HOUSTON BARIATRIC SURGERY

### WRITTEN AGREEMENT TO COMPLY WITH THERAPY

I have reviewed all of the information, including reading the bariatric manual and viewing the bariatric seminar, which has been provided to me by Dr. Jason Balette and/or Dr. Drew Howard. Information has been provided regarding obesity, options for surgical weight loss including the vertical sleeve gastrectomy, Roux-en-Y gastric bypass, and/or adjustable gastric banding. It is imperative that I follow the strict post-operative dietary program with lifestyle modifications which include increased exercise. I also understand that follow-up clinic visits are an important aspect of care to avoid potential complications and for optimal weight loss. I have been given an opportunity to ask questions regarding management of my obesity, alternative forms of treatment, risk of non-treatment, the procedures to be used, and the risks involved. I believe that I have sufficient information concerning the procedures named above. I agree to comply, to the best of my ability with all therapy and recommendations made by my physician and healthcare providers, including: (please initial)

\_\_\_\_ I will take a bariatric-specific multivitamin and calcium supplement for the rest of my life.

\_\_\_\_ I will follow the guidelines of the pre- and post-operative diet.

\_\_\_\_ I will exercise on a regular basis after surgery.

\_\_\_\_ I will not get pregnant for at least 2 years after my surgery.

\_\_\_\_ I will quit smoking 2 months before surgery and remain smoke-free for the rest of my life.

\_\_\_\_ I will follow up in clinic after surgery at 2 weeks, 3 months, 6 months, 12 months, & annually.

\_\_\_\_\_  
Signature of patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of provider

\_\_\_\_\_  
Date

**Jason Balette, M.D., F.A.C.S.,  
Drew D. Howard, M.D., F.A.C.S.**

Thank you for choosing us as your health care provider. We are committed to your treatment being successful. Please understand that payment of your bill is considered a part of your treatment. The following is a statement of our Financial Policy that we **require** you read and sign prior to any treatment.

All patients must complete our Information and Insurance form before seeing the doctor.

- **FULL PAYMENT IS DUE AT TIME OF SERVICE**
- **WE ACCEPT Cash, Checks, Visa, or MasterCard**

***Regarding Insurance***

We may accept assignment of insurance benefits. The balance is your responsibility whether your insurance company pays or not. We cannot bill your insurance company unless you give us your insurance information. **Your insurance policy is a contract between you and your insurance company. We are not a party to that contract. If your insurance company has not paid your account in full within 45 days, the balance will automatically be transferred to you as the guarantor.** Please be aware that some, and perhaps all, of the services provided may be non-covered services and not be considered reasonable and necessary under the Medicare Program and/or other medical insurance, see attached ABN. Regarding Insurance Plans where we are a participating provider, all co-pays and deductibles are due prior to treatment. In the event that your insurance coverage changes to a plan where we are not participating providers, refer to above paragraph.

***Disclosure of Ownership:***

Houston Bariatric Surgery is a physician owned facility and your physician may have a financial interest in a surgery center, laboratory or other entity where you may be scheduled for treatment. You have the right to choose where you receive medical and surgical services including an entity in which your physician may have a financial relationship.

***Usual and Customary Rates***

Our practice is committed to providing the best treatment for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.

***Adult Patients***

Adult patients are responsible for full payment at time of service.

***Minor Patients***

The adult accompanying a minor and the parents (or guardians of the minor) are responsible for full payment.

***Surgery***

Deductible, co-insurance and co-payments are due prior to surgery date, unless other arrangements have been made.

SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

**HOUSTON BARIATRIC SURGERY**

**CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION**

**SECTION A: PATIENT GIVING CONSENT**

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

**SECTION B: TO THE PATIENT--PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.**

**Purpose of Consent:** By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment, and health care operations.

**Notice of Privacy Practices:** You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your health information, and of other important matters about your health information. A copy of our Notice is available upon request. It is also posted in our office.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

You may obtain a copy of our Notice of Privacy Practices, including any revisions, at any time by contacting:

The Surgical Group of the Woodlands  
9200 Pinecroft Suite 250  
The Woodlands, TX 77380  
Ph. (281)419-8400  
Fax (281)292-1972

**Right to Revoke:** You will have the right to revoke this Consent at any time by giving us written notice of your revocation submitted to the address above. Please understand that revocation of this Consent will not affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

**SIGNATURE**

I have had full opportunity to read and consider the content of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and health care operations.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_



**NOTICE OF PRIVACY PRACTICES**

***THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.***

**1. OUR PLEDGE REGARDING MEDICAL INFORMATION**

At The Surgical Group of the Woodlands we are committed to treating and using protected health information about you responsibly. We understand that your medical information is personal and we are committed to protecting it. We create a record of the care and services you receive at our organization. We need this record to provide you with quality care and to comply with certain legal requirements. This notice will tell you about the ways we may use and share medical information about you. We also describe your rights and certain duties we have regarding the use and disclosure of medical information.

**2. OUR LEGAL DUTY**

***Law Requires Us to:***

1. Keep your medical information private.
2. Give you this notice describing our legal duties, privacy practices, and your rights regarding medical information.
3. Follow the terms of the current notice.

***We Have the Right to:***

1. Change our privacy practices and the terms of this notice at any time, provided that the changes are permitted by law.
2. Make the changes in our privacy practices and the new terms of our notice effective for all medical information that we keep, including information previously created or received before the changes.

***Notice of Change to Privacy Practices:***

1. Before we make an important change in our privacy practices, we will change this notice and make the new notice available upon request.

**3. USE AND DISCLOSURE OF YOUR MEDICAL INFORMATION**

The following section describes different ways that we use and disclose medical information. Not every use or disclosure will be listed.

However, we have listed all of the different ways we are permitted to use and disclose medical information. We will not use or disclose your medical information for any purpose not listed below, without your specific written authorization.

**FOR TREATMENT:** We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to doctors, nurses, technicians, medical students, or other people taking care of you. We may also share medical information about you to your other health care providers to assist them in treating you.

**FOR PAYMENT:** We may use and disclose your medical information for payment purposes. A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include your medical information.

**FOR HEALTH CARE OPERATIONS:** We may use and disclose your medical information for our health care operations. This might include measuring and improving quality, evaluating the performance of employees, conducting training programs, and getting the accreditation, certificates, licenses and credentials we need to serve you.

**ADDITIONAL USES AND DISCLOSURES:** In addition to using and disclosing your medical information for treatment, payment, and health care operations, we may use and disclose medical information for the following purposes.

**Facility Directory:** Unless you notify us that you object, the following medical information about you will be placed in our facility directories: your name; your location in our facility; your condition described in general terms; your religious affiliation, if any. We may disclose this information to members of the clergy or, except for your religious affiliation, to others who contact us and ask for information about you by name.

**Notification:** We may use and disclose medical information to notify or help notify; a family member, your personal representative or another person responsible for your care. We will share information about your location, general condition, or death. If you are present, we will get your permission if possible before we share, or give you the opportunity to refuse permission. In case of emergency, and if you are not able to give or refuse permission, we will share only the health information that is directly necessary for your health care, according to our professional judgment. We will also use our professional judgment to

make decision in your best interest about allowing someone to pick up medicine, medical supplies, x-ray or medical information for you.

**Disaster Relief:** We may share medical information with a public or private organization or person who can legally assist in disaster relief efforts.

**Research in Limited Circumstances:** We may use medical information for research purposes in limited circumstances where the research has been approved by a review board that has reviewed the research proposal and established protocols to ensure the privacy of medical information.

**Funeral Director, Coroner, and Medical Examiner:** To help them carry out their duties, we may share the medical information of a person who has died with a coroner, medical examiner, funeral director, or an organ procurement organization.

**Specialized Government Functions:** Subject to certain requirements, we may disclose or use health information for military personnel and veterans, for nation's security and intelligence activities, for correctional institutions and other law enforcement custodial situations, and for government programs providing public benefits.

**Court Orders and Judicial and Administrative Proceedings:** We may disclose medical information in response to a court or administrative order, subpoena, discovery request, or other lawful process, under certain circumstances. Under limited circumstances, such as a court order, warrant, or grand jury subpoena, we may share your medical information with law enforcement officials. We may share limited information with a law enforcement official concerning the medical information of a suspect, fugitive, material witness, crime victim or missing person.

**Public Health Activities:** As required by law, we may disclose your medical information to public health or legal authorities charged with preventing or controlling disease, injury or disability, including child abuse or neglect. We may also disclose your medical information to persons subject to jurisdiction of the Food and Drug Administration for purposes of reporting adverse events associated with product defector problems, to enable product recalls, repairs or replacements, to track products, or to conduct activities required by the Food and Drug Administration. We may also, when we are authorized by law to do so, notify a person who may have been exposed to communicable disease or otherwise be at risk of contracting or spreading a disease or condition.

**Victims of Abuse, Neglect, or Domestic Violence:** We may use and disclose medical information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may share your medical information if it is necessary to prevent a serious threat to your health or safety or the health or safety of others. We may share medical information when necessary to help law enforcement officials capture a person who has admitted to being part of a crime or has escaped from legal custody.

**Workers Compensation:** We may disclose health information when authorized or necessary to comply with laws relating to workers compensation or other similar programs.

**Health Oversight Activities:** We may disclose medical information to an agency providing health oversight for oversight activities authorized by law, including audits, civil, administrative, or criminal investigation or proceedings, inspections, license or disciplinary actions or other similar programs.

**Law Enforcement:** Under certain circumstances, we may disclose health information to law enforcement officials. These circumstances include reporting required by certain laws (such as the reporting of certain types of wounds), pursuant to certain subpoenas or court orders, reporting limited information concerning identification and location at the request of a law enforcement official, reports regarding suspects of crimes at the request of a law enforcement official, reporting death, crimes on our premises and crimes in emergencies.

**Appointment Reminders:** We may use and disclose medical information for purposes of sending you appointment postcards or otherwise reminding you of your appointments.

**Alternative and Additional Medical Services:** We may use and disclose medical information to furnish you with information about health related benefits and services that may be of interest to you, and to describe or recommend treatment alternatives